

International School Of Gabon Ecole Ruban Vert PE Uniform Policy

Physical Education plays an important role in our curriculum and the overall wellbeing of the students. Students are encouraged to become independent learners and have the correct uniform for this specialist subject. For health, safety and hygiene reasons our students must wear the ERV PE Uniform during regular PE classes.

What is the ERV Physical Education Uniform?

- ERV Shorts
- ERV T Shirts – In the correct colour of the students' house.
- Sports Trainers that are supportive and have non-marking soles
- Hair band – To tie up long hair
- Nails should not be false. Nails should be kept short
- Jewellery is not allowed as it represents a danger to students' safety. All jewellery must be removed for ALL PE lessons.

Why is it important to wear the ERV uniform?

All activities in the PE curriculum require students to have clothing that allows them to move quickly and freely. Incorrect clothing can be a danger to the student and others. Our T-shirts are specially designed in a fabric that allows the body to breathe during exercise.

Excess clothing under the PE uniform causes excess sweat and moisture on the body. When this remains on the body after PE, students feel wet and cold and this causes a higher risk of developing cold and flu symptoms, as well as body odors.

What are the changing procedures for students?

Primary Students

Students may come to school in their PE uniform if they have PE that day.

Secondary Students

Students should come to school in the correct academic uniform and carry their PE uniform in a bag. On arrival at the gym, students will have time to change and put on their PE uniform. At the end of the lesson students will have time to re dress and wear their regular school uniform.

Sports trainers must be worn during every PE lesson in order to ensure the safety of our students. They should be comfortable, supportive and non-marking.



What can I wear on Special Days?

House Competitions: Students can wear their house colour T-shirt and PE shorts, with trainers.

What will happen if students do not wear PE Uniform?

Students will receive a warning for the first time each term. In the event of a second time, the ERV behavior policy will be followed.

Important:

We strongly suggest that every piece of the ERV PE Kit should be visibly labelled with the full name of the student.

Thank you for your continued support.

The ERV PE Faculty